

LIFE SKILLS ONLINE COURSES

MATH - COMPUTER SCIENCE - PSYCHOLOGY

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MONEY & ME: A FINANCIAL LITERACY COURSE FOR YOUNG ADULTS

Week 1: Introduction to Financial Literacy

Importance of financial literacy for young adults in the UK
Setting financial goals and understanding financial well-being

Week 2: Budgeting Basics

Understanding income and expenses
Creating a personal budget and tracking expenses

Week 3: Banking and Financial Services

Types of bank accounts and their features
Introduction to online banking and mobile payment options

Week 5: Credit and Debt Management

Introduction to credit cards and credit scores
Responsible use of credit and avoiding debt

Week 6: Taxes and Tax Planning

Overview of the UK tax system
Understanding PAYE and National Insurance contributions

Week 7: Financial Planning for Further Education

Funding options for higher education in the UK
Student loans and repayment strategies

Course Overview:

This course is specifically tailored to provide young adults aged 16-21 in the UK with essential knowledge and skills to understand and manage their financial matters responsibly. Through interactive sessions and practical exercises, students will gain an understanding of personal finance, budgeting, banking, saving, investing, credit management, and other key financial concepts necessary to make informed and responsible financial decisions as they transition into adulthood.

Week 4: Saving and Investing

Importance of saving and different savings accounts
Basic concepts of investing and risk tolerance



ONLINE PERSONAL TUTOR

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Week 8: Financial Planning for Independent Living

Budgeting for rent, utilities, & daily expenses
Understanding tenancy agreements and tenant rights

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